



Please return your completed Life History Survey in the preaddressed, postage-paid envolope to the University of Michigan.

If you have any questions about the survey, please feel free to call us at 866-611-6476

THANK YOU!

Conducted by:

The Survey Research Center

The University of Michigan

Sponsored by:

The National Institute on Aging

R01-AG-051142



Life History Survey 2019

It is very important that the questions in this survey be answered by the person to whom the survey is addressed.

If the addressee is unable to complete the survey alone:

It can be filled out by someone who knows this person well enough to answer the questions.

If neither the addressee nor another person is able to complete the survey:

Please return the survey, with a short note of explanation, in the enclosed, prepaid envelope.

{First Name} – FPO 123456A (barcode)

<M. ID>





SEE FRONT COVER LAYOUT ON SEPARATE PDF

ABOUT THIS SURVEY

This Life History Survey is a new part of the Health and Retirement Study. It will give us some information about important things that happened earlier in your life so that we understand better how you are doing now.

This survey is not meant to be a test of your memory. However, we would like you to try to be as accurate as possible. You may find it useful to consult your spouse, another family member, or some personal files, photos, or notes as you go through the questions.

We hope that you will find this survey interesting to complete. As always, your answers are extremely important to us. Please remember that your participation is voluntary and that you may skip over any questions that you would prefer not to answer.

Please return your completed Life History Survey in the pre-addressed postage paid envelope. If you have any questions, please feel free to call us at 1-866-611-6476.

HOW TO FILL IN THIS SURVEY						
Please answer the questions by:						
Marking a box like this:						
Or writing in a box like this:	25 Answer					
Please use a #2 pencil or a blue	ne/black ink ballpoint pen. DO NOT use a felt tip pen.					
Sometimes you may find instru	uctions telling you which questions to answer like this:					
☐ Yes (Continue to Q5)						
	☐ No → (Go to Question Q10 on page 5)					
Q5						

Some of the questions spread across two facing pages like this.

#	Start Year	Street (Number and Street)	City/Town	State (or Country)
1	1945	128 Apple Drive	Ann Arbor	MI
2	1965	456 N 17th	Chicago	IL
3				
4				

Zip	Did you or your family own or rent this residence? [Check one]					
48104	X Own	Rent	Other	☐ Don't know		
60427	Own	X Rent	Other	Don't know		
	Own	Rent	Other	☐ Don't know		
	Own	Rent	Other	Don't know		

Please complete one row across both pages before moving to the next row.



Before you begin, please take a few minutes to think back over your life.

Please write a few notes for yourself in the table below. They will be helpful in filling out the survey. Each row is for a different 10-year period of your life. You do not need to write something in each line for all of the questions. This table is meant to outline just a few things in your life. We will ask for more details later.

Age	Where did you live? (e.g., Ann Arbor, MI)	What were you doing? (e.g., in school, work)	What important things happened? (e.g., births, deaths, marriages)
0-9			
10-19			
20-29			
30-39			
40-49			
50-59			
60-69			
70-79			



Residential History

This section asks you for some details about the different places you have lived **from birth to now.** From when you were born to age 50, did you ever live outside the United States for 6 **Q1** months or more? Yes (Continue to Q1a and Q1b) • No (Go to Q2) Besides the U.S., how many different countries did you live in for 6 Q1a months or more from birth to age 50? countries Q₁b Did you live outside the U.S. for 6 months or more... before the age of 10? Yes No No between age 10 and 17? Yes between age 18 and 25? No Yes between age 26 and 50? Yes No Q2 Before you were age 16... did you ever live in a children's home or orphanage? No Yes did you ever live with a foster family or in a foster home? No b. Yes did you ever live in a boarding school? Yes No did your biological or adoptive parents separate or divorce? Yes No did one or both of your biological or adoptive parents die? Yes No did one or more of your siblings die? No Yes **g.** were you ever separated from your mother for 6 months Yes No or longer? **h.** were you ever separated from your father for 6 months Yes No or longer? were your grandparent(s) ever your primary caregivers? No Yes



Q3	How old were you when you first stopped living with your parent(s) or guardian(s) to live on your own or establish your own home?					
		years old Not relevant/Never le live on my own.	eft parents to			
Q4	Be	fore you were age 50				
	a.	were you ever in a jail, prison, or a detention center for more than 3 days?	Yes	☐ No		
	b.	were you ever a long-term inpatient in a hospital for 1 month or more?	Yes	No No		
	C.	did you ever live in a combat zone?	Yes	No		
	d.	did you ever live on a military base or in military housing?	Yes	No		
	e.	were you ever homeless for 1 month or more?	Yes	No		
	f.	were you ever a long-term patient for 1 month or more in a clinic for a mental, emotional, or substance abuse problem?	Yes	No		
	g.	were you ever displaced from your home for more than 3 days because of a natural disaster? (e.g., earthquake, tornado, flood)	Yes	□ No		

Q4a

The next statements are about people's relationships with their parents early in life (before age 18).

Please tell us how much you agree or disagree with each statement for you personally. [Check one box for each line]

		Strongly Disagree	Disagree	Agree	Strongly Agree	Does not apply
a.	I had a good relationship with my mother before age 18.					
b.	I had a good relationship with my father before age 18.					
	fore you were 18 years old neck one box for each line]		A lot	Some	A little	Not at all
C.	How much time and attention give you when you needed it?	•	other			
d.	How much effort did your mot watching over you and making a good upbringing?	•				
e.	How much did your mother te about life?	ach you				
f.	Before you were 18 years old to do a year of school over ag		ave	Yes	No	
g.	Before you were 18 years old in trouble with the police?	, were you	ever	Yes	☐ No	
h.	Before you were 18 years old your parents drink or use drug it caused family problems in the	gs so often		Yes	No	
i.	Before you were 18 years old physically abused by your part	-	ever	Yes	☐ No	



Q4b

For each of the following events, please indicate whether the event occurred AT ANY POINT IN YOUR LIFE. If the event did happen, please indicate the year in which it happened MOST RECENTLY. [Check one box for each line. If "Yes" indicate which year]

					If yes, what year?
a.	Has a child of yours ever died?	Y	es 🗌	No	
b.	Have you ever been in a major fire, flood, earthquake, or other natural disaster?	Ye	es 🗌	No	
c.	Have you ever fired a weapon in combat or been fired upon in combat?	Ye	es 🗌	No	
d.	Has your spouse, partner, or child ever been addicted to drugs or alcohol?	Ye	es 🔲	No	
e.	Were you the victim of a serious physical attack or assault?	Ye	es 🗌	No	
f.	Did you ever have a life-threatening illness or accident?	Ye	es 🗌	No	
g.	Did your spouse or a child of yours ever have a life-threatening illness or accident?	Y	es 🔲	No	
h.	At anytime in your life, have you ever been unfairly dismissed from a job?	Ye	es 🔲	No	
i.	For unfair reasons, have you ever not been hired for a job?	Ye	es 🔲	No	
j.	Have you ever been unfairly denied a promotion?	Y	es 🗌	No	
k.	Have you ever been unfairly prevented from moving into a neighborhood because the landlord or a realtor refused to see or rent you a house or apartment?	Ye	es 🔲	No	
I.	Have you ever been unfairly denied a bank loan?	Y	es 🗌	No	
m.	Have you ever been unfairly stopped, searched, questioned, physically threatened, or abused by police?	Ye	es 🔲	No	
n.	Have you ever been unfairly denied health care or treatment?	Ye	es 🔲	No	



Q5

In this table, please fill in as much information as you can about **all the places that you have lived for one year or more** from when you were born until **now.**

To begin, please enter the year of your birth and the place where you lived when you were born. Beginning in #2, write the next place where you lived for a year or more, and so on. If you can't remember the exact year(s), please estimate the year to the best of your ability. If you lived outside the U.S., write the country name instead of the state. Use one line for each new place (see example p. 2).

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶

	TABLE COLUMNS SPAN ACROSS BOTH PAGES						
#	Start Year	Street (Number and Street)	City/Town	State (or Country)			
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶



◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.

#	Zip Code	Did you o	r your family	own or rent t	his residence? [Check one box]
1		Own	Rent	Other	Don't know
2		Own	Rent	Other	Don't know
3		Own	Rent	Other	Don't know
4		Own	Rent	Other	Don't know
5		Own	Rent	Other	Don't know
6		Own	Rent	Other	Don't know
7		Own	Rent	Other	Don't know
8		Own	Rent	Other	Don't know
9		Own	Rent	Other	Don't know
10		Own	Rent	Other	Don't know
11		Own	Rent	Other	Don't know
12		Own	Rent	Other	Don't know
13		Own	Rent	Other	Don't know
14		Own	Rent	Other	Don't know
15		Own	Rent	Other	Don't know
16		Own	Rent	Other	Don't know
17		Own	Rent	Other	Don't know
18		Own	Rent	Other	Don't know

◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.



We would like to find out more about where you lived at particular times in your life.					
First, please think back to when you were 10.					
Who lived with you when you were 10? [Check all that apply]					
Biological mother Biological father Adopted, step, foster, or half brother(s) or sister(s)					
Adoptive, step, or foster mother Grandparent(s)					
Adoptive, step, or foster father Diological brother(s) or sister(s) Other relative(s) Other non-relative(s)					
Q7 Including you, how many people lived in your household when you were 10?					
people					
Q8 How many bedrooms were there?					
bedrooms					
bedrooms					
What type of residence was it? [Check one box]					
Single-family house Mobile home					
Apartment/Townhouse/Condo Other (please specify):					
When you were 10, how much did you feel part of your local area? (That is, the area					
within a 20 minute walk or about a mile of your home.) [Check one box] The closer your mark is to a statement, the more strongly you agree with it.					
I felt that I didn't belong					
in this area 1 2 3 4 5 6 7					



	len you were 10 years old, approximately how many books were in the place you ed? Do not count magazines, newspapers, or your school books. [Check one box] None or very few (0-10 books) Enough to fill one shelf (11-25 books) Enough to fill one book case (26-100 books) Enough to fill two bookcases (101-200 books) Enough to fill more than two bookcases (more than 200 books)
wh	ich of the following best describes the language(s) spoken in your household en you were growing up, before you were age 18? Count only the guage(s) used on a regular basis. [Check one box] English was the only language spoken regularly English was the main language spoken, but a second language was also spoken regularly A language other than English was the main language spoken, but English was also spoken regularly A language other than English was the only language spoken regularly

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Now think back to where you lived when you started your first full-time job after leaving school or college.	
Q13 How old were you when you started your first full-time job?	
years old Not relevant/Never worked full-time Go to Q18 on the next page	
Who lived with you when you started your first full-time job? [Check all that apply] Spouse or partner Biological children Adopted, foster, or step children Brother(s) / sister(s) Parent(s) Other relative(s) I lived alone Other (please specify):	
Including you, how many people lived in your household when you started your first full-time job? people OR I lived with many people in military or other group quarter.	
What type of residence did you live in when you started your first job? [Check one box] Single-family house Apartment/Townhouse/Condo Other (please specify):	
When you started your first full-time job, how much did you feel part of your local area? (That is, the area within a 20 minute walk or about a mile of your home.) [Check one box] The closer your mark is to a statement, the more strongly you agree with it I felt that I didn't belong in this area 1 2 3 4 5 6 7	t.



Think back to where you lived when you were 40 years old.								
Who lived with you when you were 40? [Check all that apply]								
Spouse or partner Biological children Adopted, foster, or step children Brother(s) / sister(s) Parent(s) Other relative(s) Other non-relative(s) I lived alone Other (please specify):								
Including you, how many people lived in your household when you were 40? people								
Q20 What type of residence was it? [Check one box]								
Single-family house								
When you were 40 years old, how much did you feel part of your local area? (That is, the area within a 20 minute walk or about a mile of your home.) [Check one box] The closer your mark is to a statement, the more strongly you agree with it.								
I felt that I didn't belong in this area 1 2 3 4 5 6 7								



Your Educational History

The next section asks you for some details about your school and educational experiences before age 50.

Q22

In the table below, please list all of the names of the **PRIMARY**, **ELEMENTARY**, **MIDDLE**, **JUNIOR HIGH**, **AND HIGH SCHOOLS** that you attended. Write "0" as the Grade for Kindergarten. Use one line for each school. If you attended the same school from Kindergarten to Grade 12, complete only the top line (#1).

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶

				COLUMNO SI AN ACTIC	
#	Start Grade	End Grade	Name of School	City/Town	State (or Country)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶



14

◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.

#	Start Age	End Age	Was this a public or private/ religious school? [Check one box]	Most children in the school were? [Check one box]
1			☐ Public☐ Private/religious	☐ White ☐ Hispanic ☐ Black ☐ Other
2			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other
3			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other
4			☐ Public☐ Private/religious	☐ White ☐ Hispanic ☐ Black ☐ Other
5			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other
6			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other
7			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other
8			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other
9			☐ Public☐ Private/religious	☐ White ☐ Hispanic ☐ Black ☐ Other
10			☐ Public☐ Private/religious	☐ White☐ Hispanic☐ Black☐ Other

◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.



The following questions are about specific educational experiences in Primary, Elementary, and High School.								
Q23	Did you attend a pre-school, nursery school, or other program before primary/ elementary school? Yes No							
When y	you	were 10 (i.e., Grade 4 or 5)						
Q24	Но	w well did you do in Math compar	ed to other children in your class? [Check one box]					
		Much better Better About the same	WorseMuch worseDon't knowDid not go to school					
Q25	How well did you do in Reading and Writing (i.e., spelling, grammar) compared to other children in your class? [Check one box]							
		Much better Better About the same	WorseMuch worseDon't knowDid not go to school					
Q26	yo		did any teachers, principals or psychologists tell roblem with learning any of the usual school each line]					
	a.	Reading	Yes Don't know					
	b.	Writing	Yes Don't know					
	C.	Mathematics / arithmetic	Yes Don't know					
	d.	Speaking or language	Yes No Don't know					



Q27	In F	Primary or Elementary School, o	did you ever ha	ave [Ched	ck one box for each line]
	a.	A hearing problem?		Yes	☐ No	
	b.	A vision problem?	Yes	☐ No		
	C.	A speech problem?		Yes	☐ No	
	d.	A problem with balance or motor of	coordination?	Yes	■ No	
Q28		Primary or Elementary School, at you had any of the following pro				onal
	a.	Mental or emotional problems	Yes	☐ No	Don't know	
	b.	Dyslexia	Yes	No	Don't know	
	c.	Attention Deficit Hyperactivity Disorder (ADHD)	Yes	No No	Don't know	
	d.	Other learning disorder (please specify):	Yes	No	Don't know	

Yes Go to Q34 on page 21									
Yes No → Go to Q34 on page 21									
Q29a When you were in high school									
 a. Did you take special courses or classes to better prepare you for college? 									
 b. Did you take courses or classes that were intended to prepare you for a job after high school (also called vocational training)? 									
c. Did you often get into trouble at school for being absent more than usual, missing classes, or being truant?									
d. Did you often get into trouble for disrupting classes or not Yes No concentrating?									
Q30 Did you study a foreign language in high school? Yes (Continue to Q30a) No Go to Q31 on the next page									
Which languages did you study in high school? [Check all that apply] Spanish Latin French German English (as a second language) Italian Other (please specify):									



Q31	In high school, did you take classes or spend time to do the follo	owing:	
	a. Learn to play a musical instrument	Yes	☐ No
	b. Take singing lessons or sing in a chorus or choir	Yes	☐ No
	c. Learn woodwork or carpentry	Yes	☐ No
	d. Learn a craft (e.g., knitting, quilting, embroidery)	Yes	☐ No
	e. Learn ballet or dance	Yes	☐ No
	f. Learn to paint or draw or other art	Yes	No No
	g. Participate in math or science club	Yes	☐ No
	h. Learn drafting or technical drawing	Yes	☐ No
	i. Take vocational or trade classes (e.g., auto repair, HVAC)	Yes	☐ No
	j. Participate in theatre, drama, or debate club	Yes	No
Q32	Approximately how many school clubs or organizations were during high school? clubs or organizations	you involved	I with

	ext section asks about your physical activity when you were in school, including sports xercise.							
Q33	During junior/middle and high school, did you participate in organized school, ir or recreational sports (such as football, basketball, baseball, soccer, swimming, traffield, tennis, hockey, volleyball, gymnastics, rowing, snow sports, etc.)?							
	Yes —		□ No → O	Go to Q34 o	n the next page			
	Q33a	In how many of your junion participate in organized sp		school yea	ırs did you			
	Q33b	In what sports did you particle Baseball Basketball Football Gymnastics Hockey Rowing	Socce Swim Tenni Track Volley	er ming s and Field/C	Cross Country			
	Q33c	Did you ever suffer any of organized sports in junior/	middle and high	school?	s playing Don't			
		1. Head injury such as conc→ If yes, was this before a		No No	remember			
		2. Leg, arm, shoulder or back		No	Don't remember			
		3. Other→ If yes, please specify	the injury:	No				



Q34	After Elementary or High School, did you do any further education at a college, professional, or technical school?								
	Yes —— Continue to Q35 on page 22								
	No → Go to Q36 on page 24								

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Q35

Please list the names of all of the COLLEGES/COMMUNITY COLLEGES and PROFESSIONAL or TECHNICAL SCHOOLS or PROGRAMS that you attended after High School. Use one line for each different college, school, or program you attended. If you are currently attending a college or program, please write the current year in the END YEAR column.

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶

#	Name of College, School, or Program	City/Town	State (or Country)	Start Year	End Year
1					
2					
3					
4					
5					
6					
7					

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶



22

◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.

#	Was this a public/state or private/religious school? [Check one box]	Did you attend full or part-time? [Check one box]	Major/Field(s) of Study	Degree(s) or Certificates Earned
1	☐ Public/state ☐ Private/religious	Full-time Part-time Other		
2	☐ Public/state ☐ Private/religious	Full-time Part-time Other		
3	☐ Public/state ☐ Private/religious	Full-time Part-time Other		
4	☐ Public/state ☐ Private/religious	Full-time Part-time Other		
5	☐ Public/state ☐ Private/religious	Full-time Part-time Other		
6	☐ Public/state ☐ Private/religious	Full-time Part-time Other		
7	☐ Public/state ☐ Private/religious	Full-time Part-time Other		

◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.



Partnership History

In this section, we would like to find out more about all of your long-term partners (e.g., lasting for at least one year). This includes spouses, as well as girlfriends/boyfriends, fiancés, or partners with whom you lived for a year or more.

	Q36 Have you ever been married?								
	Yes Go to Q37 on page 25 In the table below, please fill out the information for each of your marriages. If you have been married more than five times, please list the first five, beginning with your first marriage.								
#	Initials of Spouse	Gender of Spouse	Did you live together before marriage?	Date Married (Year)	Are you still together? If not, how did this marriage end?	Year Marriage Ended (If applies)			
1		☐ Male ☐ Female	☐ Yes ☐ No		Still together Widowed Divorced/Separated				
2		☐ Male ☐ Female	☐ Yes ☐ No		Still together Widowed Divorced/Separated				
3		☐ Male ☐ Female	☐ Yes ☐ No		Still together Widowed Divorced/Separated				
4		☐ Male ☐ Female	☐ Yes ☐ No		Still together Widowed Divorced/Separated				
5		☐ Male ☐ Female	☐ Yes ☐ No		Still together Widowed Divorced/Separated				

Q37	Other than your spouse(s), have you ever lived together with someone else as a couple for at least a year or more?
	Yes Go to Q38 on page 26
	↓
	In the table below, please fill out the information for the partner(s), other than your spouse(s), with whom you lived together as a couple for at least a year or more. If you had more than five partners, please list the first five.

#	Initials of Partner	Gender of Partner	Year Began Living Together	Are you still together? If not, how did this relationship end?	Year Relationship Ended (If applies)
1		☐ Male ☐ Female		Split up Partner died Still together	
2		Male Female		Split up Partner died Still together	
3		☐ Male ☐ Female		Split up Partner died Still together	
4		Male Female		Split up Partner died Still together	
5		Male Female		Split up Partner died Still together	

Your Work History

The next section asks about work you may have done during your life. This may include paid work for an employer or unpaid care for others.

Q38	Since you left full-time education, have you ever done any paid work which lasted for a period of one year or more? (Paid work includes both full-time and part-time work)										
	Yes — Q39 on the next page										
	No (Continue to Q38a)										
	What was the reason(s) you never worked for pay for one year or more? [Check all that apply]										
	Stayed at home to raise children or care for family										
	Physical disability or injury Mental or emotional disability										
	Could not find work										
	Was not interested in working										
	Other (please specify):										
	Go to 040 on page 27										

Q39		d you ever neck one box for each line]				
	a.	stop working at a job to stay home and care for your children?		Yes	☐ No	Does not apply
	b.	cut back on the number of hours worked at a job to care for your children?		Yes	☐ No	Does not apply
	C.	work longer hours to meet the added expenses of having children?		Yes	☐ No	Does not apply
	d.	switch to a different job that was less demanding or more flexible to be more available to your children?		Yes	No	Does not apply
Q40		d your spouse or partner ever neck one box for each line]				
	a.	stop working at a job to stay home and care for your children?		Yes	☐ No	Does not apply
	b.	cut back on the number of hours worked at a job to care for your children?		Yes	☐ No	Does not apply
	C.	work longer hours to meet the added expenses of having children?		Yes	☐ No	Does not apply
	d.	switch to a different job that was less demanding or more flexible to be more available to your children?		Yes	No	Does not apply
		gh Q50 ask about paid work. ER worked for pay for one year or	r mor	e, go to	Q51 on page	32.



Q41

In the table below, please fill out the information for all the places (employers) you have **worked for one year or more after you finished full-time education.** If you worked at more than ten places, fill out the information for the first ten places you worked. If you are still working for an employer, write the CURRENT YEAR in the END YEAR column. If you changed jobs (or job title) but stayed with the same employer, please list the **first job title with that employer on one line** and **your last job title with the same employer on the next line below.**

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶

#	Type of Employer or Business	Job Title	Start Year	End Year
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

TABLE COLUMNS SPAN ACROSS BOTH PAGES. ▶



◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.

Did you work full-time or part-time?	What did you	ı do after leaving this job? [Check all that apply]
☐ Full-time	Started next job	Worked short-term job(s)	Cared for/started a family
☐ Part-time	☐ Unemployed	☐ Medical leave/disability	Other
☐ Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	☐ Medical leave/disability	Other
☐ Full-time	Started next job	☐ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	☐ Medical leave/disability	Other
Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	Unemployed	■ Medical leave/disability	Other
☐ Full-time	Started next job	☐ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	☐ Medical leave/disability	Other
Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	■ Medical leave/disability	Other
Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	■ Medical leave/disability	Other
☐ Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	■ Medical leave/disability	Other
☐ Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	☐ Unemployed	☐ Medical leave/disability	Other
☐ Full-time	Started next job	■ Worked short-term job(s)	Cared for/started a family
Part-time	Unemployed	■ Medical leave/disability	☐ Other

◀ TABLE COLUMNS SPAN ACROSS BOTH PAGES.



	Now we'd like to learn a little more about the job you held between the ages of 30 and 40 that you consider to be most important (e.g., longest duration, best paying, most satisfying).
Q42	Which employer or business was that? Not relevant/did not work for pay between the ages of 30 and 40 Go to Q51 on page 32
	ao to do i on page 52
Q43	Did you work for someone else on that job, or were you self-employed or a partner in a business?
	Someone else Self-employed Partner in business
Q44	In what city and state or country did you work for this employer or business?
	City State (or Country)
Q45	What was your job title? What were your most important activities or duties?
Q46	What kind of business or industry did you work in – that is, what did they make or do at the place where you worked?
Q47	How much did you earn before taxes and other deductions when you started that job? per hour per month per week per year
Q48	Were you covered on that job by a union or employee-association contract? Yes No



Q49 Do you still work for this employer	or busines	s?					
Yes — Go to Q50 below							
□ No →							
Q49a Why did you leave or stop working for this employer? [Check all that apply]							
Moved to a higher paying job	1		I had poor	r health/a dis	ability		
Moved to a job with a better f	uture		I was laid	off, let go, o	r replaced		
Moved to a more satisfying jo			I retired				
Moved to a job that better ma Moved or relocated	atched my :	skills	Other (ple	ase specify)	:		
To take care of or start a fam	ilv						
To continue education	y						
Please say how much you agree regarding this job. [Check one bo		line]		wing statem Strongly	ents Does not		
regarding this job. [Check one bo	x for each		of the follo	·			
regarding this job. [Check one bo	x for each Strongly	line]		Strongly	Does not		
regarding this job. [Check one bo	x for each Strongly	line]		Strongly	Does not		
regarding this job. [Check one botha. The job was physically demanding.b. I had very little freedom to decide how	x for each Strongly	line]		Strongly	Does not		
 a. The job was physically demanding. b. I had very little freedom to decide how I did my work. c. At work, I felt I had control over what 	Strongly Disagree	line]		Strongly	Does not		
 a. The job was physically demanding. b. I had very little freedom to decide how I did my work. c. At work, I felt I had control over what happened in most situations. d. I had a lot to say about what happened 	Strongly Disagree	line]		Strongly	Does not		
 a. The job was physically demanding. b. I had very little freedom to decide how I did my work. c. At work, I felt I had control over what happened in most situations. d. I had a lot to say about what happened on my job. e. The people I worked with could be 	Strongly Disagree	line]		Strongly	Does not		
 a. The job was physically demanding. b. I had very little freedom to decide how I did my work. c. At work, I felt I had control over what happened in most situations. d. I had a lot to say about what happened on my job. e. The people I worked with could be relied on when I needed help. 	Strongly Disagree	line]		Strongly	Does not		

Q51	Have you ever provided unpaid care to a relative or friend with some sort of special need to help them take care of themselves for a period of 6 months or more ?
	NOTE: Raising children without special needs does not apply here.
	A special need could be an illness, disability, or mental health problem.
	Helping them take care of themselves may include personal needs or household chores, managing a person's finances, arranging for outside services, or visiting regularly to see

how they are doing. This person need not live with you.

Yes (Continue to Q51a)	No -	Go to Q52 on the next page

Q51a

In the table below, **please list the people for whom you have provided unpaid care**. If you have provided unpaid care for more than five people, please list the five that you consider to be the most important. If you are currently caring for someone, please write the current year in the END YEAR column.

#	Initial of Person	Relationship to the Person	Start Year	End Year
1		□ Parent / Parent-in-law□ Spouse or partner□ Biological, adopted, or step child□ Other (please specify):		
2		□ Parent / Parent-in-law□ Spouse or partner□ Biological, adopted, or step child□ Other (please specify):		
3		☐ Parent / Parent-in-law ☐ Spouse or partner ☐ Biological, adopted, or step child ☐ Other (please specify):		
4		 Parent / Parent-in-law Spouse or partner Biological, adopted, or step child Other (please specify): 		
5		Parent / Parent-in-law Spouse or partner Biological, adopted, or step child Other (please specify):		



Your Health History

The following questions ask about your health including medically diagnosed conditions, exercise, and health habits throughout your life.

Q52 Ha	ave you ever had	any of the following seric	ous conditions or	diseases?		
a.	Chronic breathing	problems/asthma		Yes	No	
b.	. Chronic hepatitis	or other liver disease		Yes	No	
c.	HIV or AIDS			Yes	No	
d.	. Inflammatory bov	vel disease (e.g., Crohn's	s disease)	Yes	No	
e.	. Kidney disease o	r failure		Yes	☐ No	
f.	Meningitis or enc	ephalitis		Yes	No	
g.	. Mononucleosis (d	commonly referred to as	mono)	Yes	No	
h.	. Multiple sclerosis	(commonly referred to a	ıs MS)	Yes	No	
i.	Neurological diso cord disorders)	rders (e.g., seizure, brai	in, or spinal	Yes	☐ No	
j.	Thyroid disease			Yes	No	
k.	Rheumatoid arthr	itis		Yes	No	
l.	-	ues [Females only] (e.g. ith uterus or ovaries)	, fibroids or	Yes	No No	
		a pregnancy (or experinduced abortion, or a st		's pregnancy) that ende	d in
	urgery, hysterecto	a major surgery or ope my, joint replacement, If yes, please specify the	organ transplan	t, tumor remo		



	use of alcohol or		nai counselling, treatmei	ii, or inerapy because or			
	Yes	No No					
Have you ever been involved in a major car or vehicle crash or other accident that resulted in serious injury?							
	Yes — If y	es, in what year	did this accident occur?				
	•		• 11	hysical or mental) have doing usual activities?			
	None	Go to Q58 on the	e next page				
	One						
Two							
Three							
More than three							
Have been ill or had a disability for all or most of my life							
Conti	nue to Q57a						
1							
Q57				the year the period began,			
			and the condition which a marked "More than thre	accounted for the period ee" in Q57, refer to the			
	three worst p	eriods of ill healt	h or disability. If this per	iod of ill health is still			
ongoing, please write the current year in the END YEAR column.							
#	Start Year	End Year	Health	condition(s)			
1							
2							
3							



	,	This section asks about your physical activity after age 18.					
During each of the following ages, how often did you take part in or train for sports or activities that are vigorous , such as running or jogging, swimming, cycling, basketball, football, snow sports, aerobics or gym workout, or tennis?							
	Every day	More than once a week	Once a week	One to three times a month	Hardly ever or never		
a. Between ages 18 and 29							
b. Between ages 30 and 39							
c. Between ages 40 and 49							
activities that are moderately e moderate pace, dancing, floor of	or stretching		g for more	One to three	Hardly		
	Every	once a	Once a	times a	ever or		
a. Between ages 18 and 29	Every day	once a week	Once a week	times a month	ever or never		
a. Between ages 18 and 29b. Between ages 30 and 39	•						
a. Between ages 18 and 29b. Between ages 30 and 39c. Between ages 40 and 49	•						

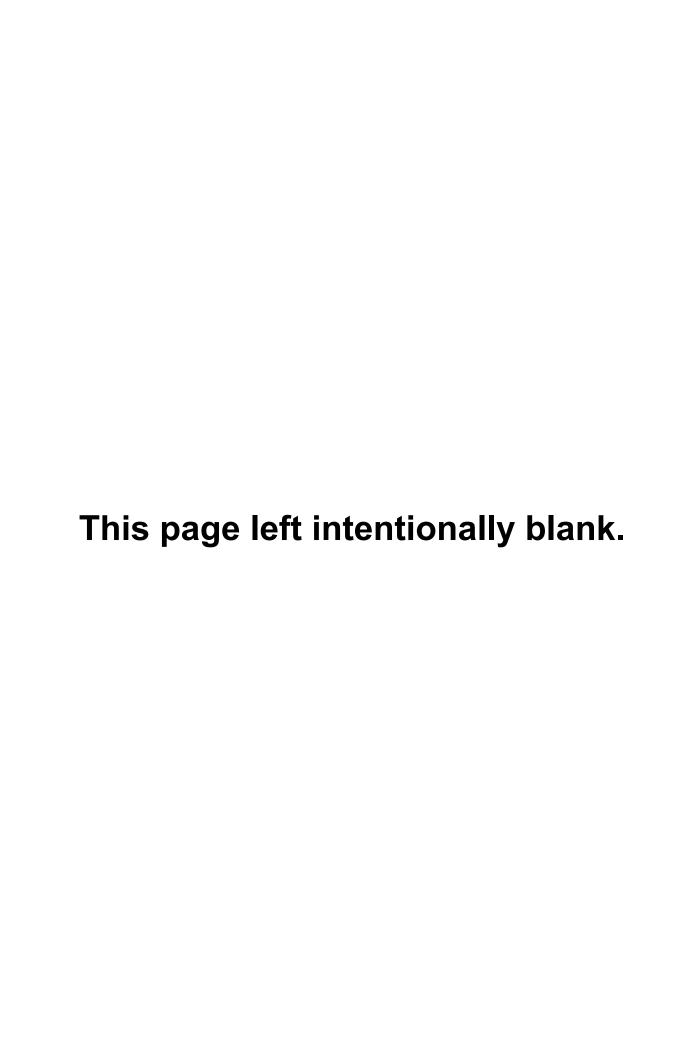
We hav there m	e asked about many things in your life from the time you were born up to now, but ay be something especially important that we have missed.
Q60	Please use the space below to tell us about your most important accomplishments or the things that you are most proud of.
	We are very interested to read what you write.

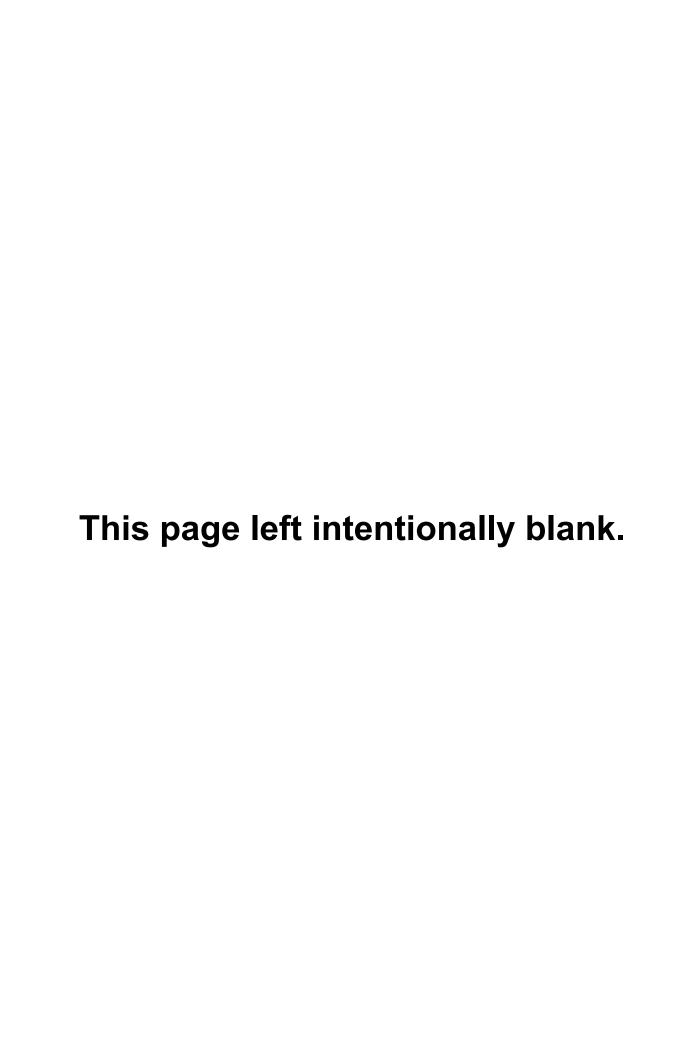
THANK YOU!



Q61	Were the questions in this booklet answered by the person whose first name is written on the front cover? [Check one box]
	YES, the person whose name is on the front cover completed the questionnaire by him/herself.
	YES, the person whose name is on the front cover answered the questions, but someone else assisted by writing in the answers for that person.
	NO, the person whose name is on the front cover did not answer/complete the questionnaire.
Q62	Approximately, how long did it take you to complete this questionnaire?
	number of minutes
Q63	If there is anything else you would like to tell us, please write in the space below.
	We appreciate your feedback.







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