SEE FRONT COVER LAYOUT ON SEPARATE PDF

PERSPECTIVES ON THE PANDEMIC

ABOUT THIS SURVEY

This is a special one-time survey being conducted by the Health and Retirement Study. Your participation will help us to better understand how the coronavirus pandemic has affected the lives of people like you. The survey asks about your own experiences since March 2020 on a wide variety of topics related to the very difficult year we have just been through. Included in this survey are questions about your health, your economic situation, your opinions about vaccine safety and government response to the pandemic, your relationships with others, and changes to everyday life. In addition, we invite you to tell us about life during the pandemic in your own words.

We hope that you will find this survey interesting to complete. The HRS is widely recognized as a key source of information about the lives of older Americans. For that reason, it is very important for everyone's perspective to be represented. As always, your answers are extremely important to us. Please remember that your participation is voluntary and that you may skip over any questions that you would prefer not to answer.

HOW TO FILL IN THIS SURVEY

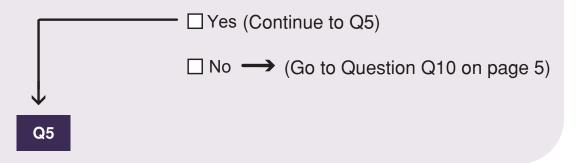
Please answer the questions by:

Marking a box like this: \square

Or writing in a box like this:

Please use a #2 pencil or a blue/black ink ballpoint pen. DO NOT use a felt tip pen.

Sometimes you may find instructions telling you which questions to answer like this:



5

2



Answer

	Section A. COVID-19 Diagnosis and Testing
A 1	 Have you had, or do you now have, COVID-19? (Mark [X] ONE box.) Yes Not sure but probably yes No Go to Question A3 Not sure but probably no Go to question A3
A2	Did a doctor or other health care provider tell you that you had COVID-19? (Mark [X] ONE box.) Yes No
A3	 Has anyone else you know been diagnosed with COVID-19? (Mark [X] ONE box.) Yes No → Go to Question A5 Don't Know → Go to Question A5
A 4	 Who was diagnosed with COVID-19? (Mark [X] all that apply.) My spouse/partner A different household member Someone outside my household
A5	Has anyone you know died from COVID-19? (Mark [X] ONE box.) Yes Go to Question A7 Go to Question A7 Go to Question A7



A6	What was this person's relationship to you? (If more than one person you know has died from COVID-19, mark [X] all that apply.)
	 Spouse/Partner Child Parent Sibling Other family member Friend Co-worker Acquaintance/ neighbor
A 7	Several months ago we sent our participants a kit to test for antibodies to the virus that causes COVID-19. Antibodies show if you have ever had the virus in the past, not if you have an active infection. Did you return that test kit? (Mark [X] ONE box.) Yes No I live in a nursing home (for safety reasons, HRS did not send kits to nursing homes) I don't recall receiving a test kit
A 8	 Have you been tested for antibodies at any other time? (Mark [X] ONE box.) Yes, and at least one test was positive Yes, and always tested negative No Don't Know
A9	Have you ever been tested for an active infection with COVID-19? This test might have been called a viral test. Viral tests check specimens from your nose or your mouth (saliva) to find out if you are currently infected with COVID-19. (Mark [X] ONE box.) Yes No



A10	Have you been tested only o	once, or mu	Iltiple times	;? (Mark []	X] ONE box.)	
	 Once Multiple times Don't Know 						
A11	Did the test (or any of the te COVID-19? (Mark [X] ONE I Yes No	stion A13				you had	
A12	What was the date of the mo	ost recent p	ositive test	?			
	Month Day Year						
A13	Several vaccines are now av with the following statement			. Please	tell us if you	agree or d	isagree
		Strongly agree	(Mark Somewhat agree	. ,	ox in each ro Somewhat disagree		Don't Know
	vaccines are safe and have side effects						
prote	inated people have good ection from serious illness COVID-19						
	inated people are less likely read COVID-19						
unles	won't go back to normal as most people are inated						



A14	Are you more concerned about severity of the COVID- concerned about the COVID-19 vaccine side effects? (ore
	 I am more concerned about the COVID-19 illness I am more concerned about the COVID-19 vaccine I am equally concerned about both I am not concerned about either Don't know 	e and its sic	le effects	
A15	Getting a vaccine for COVID-19 is a personal choice. I give for why they did or will get a coronavirus vaccine. reason is for you.			
		(Mark (X) Very Important	one box in Somewhat Important	each row) Not Important
	a. I want to protect my family			
	b. I want to protect my community			
	c. I want to protect myself			
	d. My age and health conditions make it important that I receive a vaccine			
	e. My doctor recommends I get a vaccine			
	 f. A vaccine will help me avoid getting seriously ill from the coronavirus 			
	g. It would allow me to feel safe socializing with other people			
	h. It would allow me to feel safe sending my child to school			
	i. It would allow me to feel safe going back to work or volunteer activities			
	j. Other: Specify			



Below are some reasons people give for why they might NOT get a COVID-19 vaccine. Please indicate how important each reason is for you.

	(Mark (X)	one box in	each row)
	Very Important	Somewhat Important	Not Important
a. I am concerned about the side effects and safety			
b. I am concerned that the COVID-19 vaccine was developed too fast			
c. I don't think the vaccine has been tested on enough people like me yet			
d. I think the COVID-19 vaccine will not work			
e. I already had COVID-19 and should be immune			
f. The vaccine could give me COVID-19			
g. COVID-19 is not a serious illness			
h. I don't like vaccines			
i. I believe vaccines are dangerous			
j. I don't like needles			
k. I don't think I need a vaccine against COVID-19			
I. My doctor says I should not get a COVID-19 vaccine			
m. I am not a member of any group that is at high risk from COVID-19			
n. Other: Specify			





There are different types of places the COVID-19 vaccine is or could be offered. If you **were** to receive a COVID-19 vaccine, how willing would you be to receive it at each one of these places? For each location listed below, please mark [X] how willing you would be to receive a COVID-19 vaccine at that location. PLEASE ANSWER A17 EVEN IF YOU HAVE ALREADY RECEIVED A COVID-19 VACCINE

A17

	LOCATION	Definitely Willing	Somewhat Willing	Not too Willing
	a. Doctor's office or clinic			
	b. Hospital			
	c. Pharmacy			
	d. Grocery store			
	e. Local health department			
	f. Local police or fire station			
	g. Local school			
	h. Local sports stadium			
	i. At your workplace			
	j. In your home			
	k. Other location: Specify			
A18	Several vaccines are now available for the coronaviru (Mark [X] ONE box.)	us. Have yo	u gotten a va	ccine?
	 Yes, I've had two shots Yes, I've had one shot and am waiting for the see Yes, I've had one shot and don't need a second I have an appointment to get one soon — No — Go to Question A20 		ion A19	



A18a	What was the date of your most recent vaccine?
	Month Day Year
A19	Please tell us about your experience getting the vaccine or appointment. Mark (X) all that apply.
	 I had to make many phone calls I had difficulty using online tools to find appointments I got help from friends or family finding available vaccine appointments I had no difficulty
IF YOU	ANSWERED THAT YOU HAVE HAD A VACCINE OR HAVE AN APPOINTMENT AT

IF YOU HAVE NOT HAD A VACCINE OR SCHEDULED AN APPOINTMENT (NO AT QUESTION A18), PLEASE CONTINUE WITH QUESTION A20

QUESTION A18, PLEASE GO TO QUESTION A26

A20	Have you tried to schedule an appointment to get a vaccine? (Mark [X] ONE box.)
	 Yes No → Go to Question A22
A21	What was the outcome when you tried to schedule an appointment? (Mark [X] all that apply.)
	There were no appointments available
	The available appointments did not work for my schedule
	I was told I am not eligible
	I had trouble understanding the system
	I had technical issues
	I was able to schedule an appointment but I missed my appointment
	Other: Specify



 Yes No → Go to Question A24 Mark [X] all that apply.) There were no walk-in vaccinations available The wait time was too long I was told I am not eligible Other: Specify IF YOU HAVE TRIED TO SCHEDULE AN APPOINTMENT (A20), OR HAVE VISITED APPROVIDER WITHOUT AN APPOINTMENT (A22) PLEASE GO TO QUESTION A25. OTHERWISE, CONTINUE WITH QUESTION A24. Why haven't you tried to get the vaccine? (Mark [X] all that apply.) I am not eligible to get a vaccine I don't want to get vaccinated I don't know how to schedule an appointment I don't know where to go for a vaccine I an waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel Other: Specify 	A22	Have you visited a vaccine provider without an appointment?
Mark [X] all that apply.) There were no walk-in vaccinations available The wait time was too long I was told I am not eligible Other: Specify A24 IF YOU HAVE TRIED TO SCHEDULE AN APPOINTMENT (A20), OR HAVE VISITED A PROVIDER WITHOUT AN APPOINTMENT (A22) PLEASE GO TO QUESTION A25. OTHERWISE, CONTINUE WITH QUESTION A24. Why haven't you tried to get the vaccine? (Mark [X] all that apply.) I am not eligible to get a vaccine I don't want to get vaccinated I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel		
I was told I am not eligible Other: Specify IF YOU HAVE TRIED TO SCHEDULE AN APPOINTMENT (A20), OR HAVE VISITED APPOVIDER WITHOUT AN APPOINTMENT (A22) PLEASE GO TO QUESTION A25. OTHERWISE, CONTINUE WITH QUESTION A24. Why haven't you tried to get the vaccine? (Mark [X] all that apply.) I am not eligible to get a vaccine I don't want to get vaccinated I don't know how to schedule an appointment I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel	A23	(Mark [X] all that apply.) There were no walk-in vaccinations available
A24 IF YOU HAVE TRIED TO SCHEDULE AN APPOINTMENT (A20), OR HAVE VISITED APROVIDER WITHOUT AN APPOINTMENT (A22) PLEASE GO TO QUESTION A25. OTHERWISE, CONTINUE WITH QUESTION A24. Why haven't you tried to get the vaccine? (Mark [X] all that apply.) I am not eligible to get a vaccine I don't want to get vaccinated I don't know how to schedule an appointment I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have time I don't have time		
APPOVIDER WITHOUT AN APPOINTMENT (A22) PLEASE GO TO QUESTION A25. OTHERWISE, CONTINUE WITH QUESTION A24. Why haven't you tried to get the vaccine? (Mark [X] all that apply.) I am not eligible to get a vaccine I don't want to get vaccinated I don't know how to schedule an appointment I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel		Other: Specify
 I am not eligible to get a vaccine I don't want to get vaccinated I don't know how to schedule an appointment I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 	A24	A PROVIDER WITHOUT AN APPOINTMENT (A22) PLEASE GO TO QUESTION A25.
 I don't want to get vaccinated I don't know how to schedule an appointment I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 		Why haven't you tried to get the vaccine? (Mark [X] all that apply.)
 I don't know how to schedule an appointment I don't know where to go for a vaccine I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 		
 I am waiting for a vaccine provider to contact me The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 		
 The vaccine providers are too far away There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 		I don't know where to go for a vaccine
 There is a vaccine shortage in my community I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 		
 I don't have access to transportation I don't have access to a phone or computer I don't have time I am physically unable to travel 		
 I don't have access to a phone or computer I don't have time I am physically unable to travel 		
I don't have time I am physically unable to travel		
Other: Specify		I am physically unable to travel
		Other: Specify



A25	How likely are you to take a vaccine once it is available to you? (Mark [X] ONE box.) Very likely Somewhat likely Not very likely Not at all likely
A26	IF YOU MARKED THAT YOU HAVE NOT HAD OR HAVE PROBABLY NOT HAD THE
A20	CORONAVIRUS TO QUESTION A1, SKIP TO SECTION C, PAGE 13.
	End of Section A



-	Section B. Coronavirus Emergency Room/Hospital Visits tions in Section B are only for people who have had the coronavirus. Please answer this section a answered "Yes" or "Probably Yes" when you were asked whether you had the coronavirus A1).
B1	Did you have to go to the emergency room because of the virus? (Mark [X] ONE box.) Yes No
B2	Were you admitted to the hospital because of the virus? (Mark [X] ONE box.) Yes No> Go to Question B6
B3	What date were you admitted for your most recent hospital stay for coronavirus?
B4	Altogether, how many nights did you spend in the hospital?
B5	 Were you on oxygen or a ventilator while you were in the hospital? (Mark [X] ONE box.) Oxygen only Ventilator only Both oxygen and ventilator Neither one
B6	 Do you continue to experience health problems related to coronavirus infection? (Mark [X] ONE box.) Yes No Not sure; I have health problems, but I don't know if they are because of coronavirus End of Section B



Section C. Health Care

C1	Now we have some questions about health care in general, not just related to coronavirus. During the first year of the pandemic, from March 2020 to March 2021, did you start
	regularly taking prescription medications for any of the following common health problems
	(Mark (X) one box in each row)

				Yes	No	Not Sure
	a. for pain in your joints o	or muscles?				
	b. for asthma or allergies problems?	or other breathin	ng			
	c. to help you sleep?					
	d. to help relieve anxiety	or depression?				
	e. to thin your blood or to	prevent blood c	lots?			
C2	Since March 2020, was the prescription medicine, but Yes No, I did not need can No, I was able to get	t delayed getting re during the par	it, or did	not get it at a	all? (Mark [X]] ONE box.) 6
C3	Did you delay or not get		Could not afford	Facility Th not ex available C	posure to	Other Reason
ha	ajor surgery that would ave required a hospital ay of one or more nights? Yes	C4a. Why did you delay or not get that care? (Mark [X] all that apply.)				
C3b. ou	tpatient surgery?	C4b. Why did you delay or not get				
↓ ↓	No	that care? (Mark [X] all that apply.)				



СЗ солт	Did you delay or not get						
				Could not	not	The risk of exposure to COVID-19	Other Reason
C3c. a d	octor visit?	C4c.	Why did	anoru	avallable	COVID-19	neason
	Yes		you delay or not get that care?				
□	No		(Mark [X] all that apply.)				
C3d. der	ntal care?	C4d.	Why did you delay				
	Yes		or not get that care?				
↓ □	No		(Mark [X] all that apply.)				
C3e. a p	rescription?	C4e.	Why did you delay				
	Yes		or not get that care?				
	No		(Mark [X] all that				
			apply.)				
	er types of care?	C4f.	Why did you delay				
	Yes (Specify:)		or not get that care?				
			(Mark [X] all that				
	No		apply.)				
C5	Thinking about any health the missed or delayed ca			elayed o	r did not ge	et due to the p	andemic, did
					(Ma	rk (X) one box	
					Ye	s No	Not Sure
	a. a new physical health	probl	em?				
	b. worsening of an existir	ng ph	ysical health	h probler	n?		
	c. a new mental health p	roble	m?		C		
	d. worsening of an existir	ng me	ental health	problem	?		



C6	Since March 2020, did you have a tele person visit with a doctor? (Mark [X] O Yes No			with a doc	tor instead o	of an in-
C7	How likely are you to use telephone or (Mark [X] ONE box.) Very likely Somewhat likely Not very likely Not at all likely	^r video v	isits with a d	octor in the	e future?	
C8	Compared to before the pandemic, ho	w have t Much Better	-	-	anged for yc each row) Somewhat Worse	
	a. Your energy level?					
	b. Quality of sleep?					
	c. Memory?					
	d. Ability to concentrate?					
	e. Mood?					
	f. Breathing?					
	g. Ability to walk?					
	h. Ability to taste or smell things?					
	i. Digestive issues such as diarrhea?					
	End of	Sectio	n C			



	Section D: Economic Impact Payments
D1	Because of the continuing coronavirus crisis, starting with January 2021, some families received additional economic impact payments.
	Have you (or your spouse/partner) received any payments in 2021? (Mark [X] ONE box.)
	Yes
	No → Go to Section E, Page 17
D2	How much money did you (and your spouse/partner) receive altogether?
	Dollar Amount Received: \$
D3	Thinking about your (and your spouse/partner's) financial situation this year, will the payment lead you to mostly increase spending, mostly to increase saving, mostly to pay off debt, or what? (Mark [X] ONE box.)
	Increase spending
	Increase saving
	Pay off debt
	Give it to charity
	Give to family or friends
	Other: Specify
D4	Besides what you indicated in Question D3, will the payment lead you to do any of the following? (Mark [X] all that apply.)
	Increase spending
	Increase saving
	Pay off debt
	Give it to charity
	Give to family or friends
	Other: Specify
	End of Section D
	16

	Section E: Work
E1	What kind of work, if any, did you do in early March 2020 before the pandemic started ? (Mark [X] ONE box.)
	 I worked for pay for someone else I was self-employed (I worked for myself / in my own business) I worked for someone else and I also worked for myself I didn't work.
E2	Since March 2020 was there a period of two weeks or more when you were not working? (Mark [X] ONE box.) Yes No
E3	Why did you stop working? (Mark [X] all that apply.)
	 Lost job/laid off permanently Furloughed/laid off temporarily Vacation/voluntary time off Illness Care for others who needed me Quit Retired Other: Specify
E4	 Did you work for a month or more between March 2020 and March 2021? Yes No → Go to Section F, Page 21





E 5	Because of your job, were you considered an essential worker?
	 Yes No I'm not sure
E6	When you worked between March 2020 and March 2021, did you work from home most of the time or did you work at your regular workplace most of the time? Home
E7	At your regular workplace, did you work in close physical contact (within six feet) with your co-workers? If you had more than one job since March 2020, please answer this question for the job you worked at the longest or consider to be your main job. (Mark [X] ONE box.) Always Sometimes Never
E8	At your regular workplace, were you in close physical contact (within six feet) with people who were not your co-workers? (Mark [X] ONE box.) Always Sometimes Never
E9	Regardless of whether you worked from home since March 2020, would you like to work from home after the pandemic is over? (Mark [X] ONE box.) Yes, all of the time Yes, some of the time No My job could not be done from home.



E10

Compared to before the pandemic, how did the following aspects of your work change during the pandemic from March 2020 to March 2021?

			box in each ı	row)
	Increased	Stayed about the same	Decreased	Not applicable
a. How much physical effort it takes to do your job				
b. How much stress is caused by your job				
c. Your enjoyment of your job				
d. The risk or danger of your job				
e. Your work schedule interfering with your ability to fulfill personal responsibilities				
f. Job worries or problems distracting you when you are not at work				
g. Not being able to get work done on time because of your home life				
h. How much your family or personal life drains you of the energy you need to do your job				
E11 Consider the employer you worked for or you worked for or you was that employer or business affected in coronavirus pandemic? (Mark [X] All that and the coronavirus pandemic? (Mark [X	any of the f			
E12 Did your employer or business apply for go pandemic?	overnment l	oans to hel	o get through	the
 Yes> Go to Question E13 No> Go to Question E14 Don't know> Go to Question I 	=14			



E13	Did they receive a loan?
	Yes No Don't know
E14	ANSWER THIS QUESTION ONLY IF YOU MARKED "Closed down and remained closed" AT QUESTION E11.
	If your employer or your business closed down and has remained closed, do you think it will reopen after the pandemic? Mark [X] ONE box.)
	Yes
	No
	Don't know
	End of Section E



Section F. Incom	he and Sp	pending		
F1 This section asks questions about incomwith other people, the questions in this section of your entire household.				
Since March 2020, has your household's same? (Mark [X] ONE box.)	s income go	one up, gone	down or s	stayed about the
 Income went up Income went down Stayed about the same> Go 	o to Questic	on F3		
F2 Overall, how did the following types of in	ncome char	ige?		
	(N	/lark (X) one	box in eac	ch row)
	Increased	Decreased	No Change	My Household does not have this kind of income
a. Earnings from work				
b. Income from retirement plans or other assets				
c. Income from business				
d. Income from the government, not counting the impact checks				
e. Other types of income not in this list: Specify				
f. Other types of income not in this list:				
Specify				
F3 Has your household's spending gone up 2020? (Mark [X] ONE box.)	, gone dow	n, or stayed	the same	since March
 Spending went up Spending went down Stayed about the same 				



Since March 2020, how often did you experience any of the following?

F4

	(M	ark (X) one bo	x in each	row) Always
	Never	Sometimes	Often	or Nearly Always
a. Missed any regular payments on rent or mortgage				
 b. Missed any regular payments on credit cards or other debt 				
c. Missed any other regular payments such as utilities or insurance				
d. Could not pay medical bills				
e. Didn't have enough money to buy food				
 f. Had trouble buying food even though had money 				
g. Any other financial hardship not in this list:				
Specify				
End of Sec	tion F			



	Section G. Living Arrangements and Caregiving
G1	Did you change where you live for one month or more since March 2020 because of the coronavirus pandemic? (Mark [X] ONE box.)
	 Yes No → Go to Question G3
G2	Where did you move? (Mark [X] all that apply.)
	 To my/our own home To a child's/stepchild's home
	To a home of some other family member To a friend's home
	To a health care facility (including nursing home)
	Other place not listed: Specify
G3	Did someone move in with you for a month or more since March 2020 because of the coronavirus pandemic? (Mark [X] ONE box.)
	 Yes No → Go to Question G5
G4	Who moved in with you and lived with you for more than a month since March 2020? (Mark [X] all that apply.)
	One or more of your children (including spouse's or partner's children)
	 One or more of your grandchildren (including spouse's or partner's grandchildren) One or more of your parents (own or spouse's or partner's) One or more other people
G5	Do you currently live alone? (Mark [X] ONE box.)
	 Yes → Go to Question G7 No





G6	If you live with	someone else, w	vho is that? (I	Mark [X] all th	nat apply.)		
	One or mo	e or partner re children or gra re parents (own re other people	,	• •	ouse's or partr	ner's)	
G7	have needed h household help for groceries, emotional sup	s pandemic has elp. Because of you (and your errands, rides, o port? (Mark [X] Go to Questio	the coronavir spouse/par or chores, or ONE box.)	us pandemic tner) with m	, did anyone l oney or payiı	iving outs ng bills, s	side your shopping
G8	Who helped yo	u with	(Mar	k (X) one bo	x in each row)		
			(เพล		,	/	
		Child(ren)	Parent(s)		Neighbor(s) or other		No one helped
		or grand- child(ren)	or other relative(s)	Friend(s)	non- relative(s)	Other	me/us with this
a. mone	ey or paying bills	child(ren)		Friend(s)		Other	
b. shop groce	ey or paying bills ping for eries, errands, , or chores	child(ren)		Friend(s)		Other	
b. shop groce rides c. advic mora	pping for eries, errands, , or chores ce, encourageme	child(ren)		Friend(s)		Other	
b. shop groce rides c. advic mora	pping for eries, errands, , or chores ee, encourageme al or tional support Because of the anyone living o groceries, erra emotional sup	child(ren)	relative(s)	you (and yo money or pa	relative(s)	artner) he	with this
 b. shop groce rides c. advic mora emot 	pping for eries, errands, , or chores ce, encourageme al or tional support Because of the anyone living o groceries, erra emotional sup	child(ren)	relative(s)	you (and yo money or pa	relative(s)	artner) he	with this



G10 Whom did you help with...

	(Mark (X) one box in each row)								
	Child(ren) or grand- child(ren)	Parent(s) or other relative(s)	Friend(s)	Neighbor(s) or other non- relative(s)	Other	I/we helped no one with this			
a. money or paying bills									
b. shopping for groceries, errands, rides, or chores									
c. advice, encouragement, moral or emotional support									
End of Section G									



Section H. Everyday Life during the Pandemic

Since March 2020, the coronavirus pandemic has led to many changes in everyday life. We are interested in hearing how much these changes have affected you.

H1

On a scale from 0 to 10 where 0 means "not at all worried" and 10 means "very worried," during the first year of the pandemic from March 2020 to March 2021, how worried were you about...

	(Mark (X) one box in each row) Not at all worried	Very worried
a. your own health?	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	10
b. the health of others in your family?		10
c. your financial situation?	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	10
d. being able to get help if you needed it from family, friends, or others?		10
e. what will happen in the future?	0 1 2 3 4 5 6 7 8 9	10

H2 On a scale from 0 to 10 where 0 means "no control at all" and 10 means "very much control," during the first year of the pandemic from March 2020 to March 2021 how would you rate...

	(Mark (X) one box in each row)				
	No control at all	Very much control			
a. the amount of control you had ove your health?	er 0 1 2 3 4 5 6 7 8	9 10			
b. the amount of control you had ove your social life?	er 0 1 2 3 4 5 6 7 8	 9 10			
c. the amount of control you had over your financial situation ?	er 0 1 2 3 4 5 6 7 8	 9 10			



During the first year of the pandemic from March 2020 to March 2021, to what degree did you feel...

H3

H4

H5

	(Mark (X) one box in each row) Very Quite Nederstely A little No				
	much	a bit	Moderately	A little	all
a. hopeful?					
b. happy?					
c. calm?					
d. content?					
e. determined?					
f. bored?					
g. distressed?					
h. afraid?					
i. worried?					
j. lonely?					
k. sad?					
I. nervous?					
Since March 2020, was there ever a WEEKS OR MORE IN A ROW?	time when	you felt s	ad, blue, or de	pressed I	FOR TWO
 Yes> Go to Question H6 No Don't know 					
Since March 2020, was there EVER lost interest in most things like hobbie Yes	es, work, o				



H6	ANSWER H6-H8 ONLY IF YOU MARKED "YES" TO QUESTION H4 OR "YES" TO QUESTION H5. ALL OTHERS SHOULD SKIP TO QUESTION H9.						
	Please think of the two-week period when these feelings of sadness or loss of interest were at their worst. During that two-week period did the feelings or loss of interest usually last all day long, most of the day, about half the day, or less than half the day?						
	 All day long Most of the day About half the day Less than half the day 						
H7	Did you feel this way every day, almost every day, or le	ess often dur	ing the two	weeks?			
	 Every day Almost every day Less often 						
H8	During those two weeks did	(Mark (X)	one box in	each row) Don't			
		Yes	No	Know			
	a. you feel tired out or low energy all the time?						
	b. you lose your appetite?						
	c. your appetite increase?						
	d. you have more trouble falling asleep than you usually do?						
	e. you have a lot more trouble concentrating than usual?						
	f. you feel down on yourself, no good, or worthless?						
	g. you think a lot about death either your own, someone else's, or death in general?						



H9 The next two questions are about the amount of contact with those family and friends who do not live with you. First, think about the amount of **in-person contact** you had. Compared with the months prior to March 2020 how did the amount of in-person contact you had change during the first year of the pandemic from March 2020 to March 2021? Did the amount of in-person contact with...

	(Mark (X) one box in each row)						
	Increase	Decrease	About the same	Doesn't apply to me			
a. your children							
b. your grandchildren							
c. your parents or in-laws							
d. other family members							
e. your friends							
f. your neighbors							

H10 Now, please think about the **other kinds of contact** you had with those family and friends who do not live with you, such as telephone or internet contact using phone, email, Facetime, Facebook, Skype, Zoom, or social media. Compared with the months prior to March 2020 how did the amount of this type of contact you had change during the first year of the pandemic from March 2020 to March 2021? Did the amount of this type of contact with...

	Increase	Decrease	About the same	Doesn't apply to me
a. your children				
b. your grandchildren				
c. your parents or in-laws				
d. other family members				
e. your friends				
f. your neighbors				



H11

Since March 2020, how has the quality of any of your relationships with people outside your household changed? Is the quality of your relationship with...

	(Mark (X) one box in each row)				
	Better	Worse	About the same	Doesn't apply to me	
a. your children					
b. your grandchildren					
c. your parents or in-laws					
d. other family members					
e. your friends					
f. your neighbors					
H12 Since March 2020, how often have you exp example, because of your race/ethnicity, ag physical appearance, religion, or other reas Often Sometimes Hardly ever Never	ge, gender,	financial sta	atus, disabilit		
H13 Is this about the same, more, or less often the same About the same More often Less often	than before	the outbrea	ιk? (Mark [Χ	ONE box.)	



H14

During the first year of the pandemic from March 2020 to March 2021, how often did you...

		(Mark (X) one box in each row)				
	Always	Most of the time	Half the time	Less than half the time	Never	Doesn't apply to me
a. wear a mask around other people outside your home (for example, in shops)?						
b. keep distance from others when you went outside your home?						
c. wash your hands with soap or use hand sanitizer after being around others?						
H15 Compared to the months before March 2020, how much did your activities change during the first year of the pandemic from March 2020 to March 2021? Was there a change in how often you (Mark (X) one box in each row) Did not do before March 2020 Did more Did less About the and do not						
a. left your home?	<u>ofte</u>	<u>en</u>	often	sam	e	do now
b. went shopping?						
c. traveled to visit family members?	C]				
d. traveled to visit friends?						
e. attended religious services outside your home?						
f. prayed, meditated or did other spiritual activities at home?						
g. exercised at home?						



H15 CONT Compared to the months before March 2020, how much did your activities change during the first year of the pandemic from March 2020 to March 2021? Was there a change in how <u>often</u> you...

	Did more often	Did less often	About the same	Did not do before March 2020 and do not do now
h. walked outside your home?				
i. did hobbies, crafts, or puzzles?				
j. watched TV, Netflix, stream movies, or shows?				
k. volunteered?				
I. did garden work or home repairs?				
m. read books, magazines, or newspapers (in print or digitally?				
n. ate or drank in a restaurant, café, or bar?				
o. spent time in a public park, beach, or nature area?				
p. visited an arts or cultural site (for example, museum, theater, art gallery)?				
q. exercised in a recreational facility (for example, gym, studio, pool)?				
r. provided or assisted your children or grandchildren with home schooling?				
s. cooked meals?				
t. drank alcohol?				
u. ate chips, candies, or other junk food?				
v. used cigarettes, e-cigarettes, or other tobacco?				



H16 Since March 2020, have you learned ho iPad), application, or computer program Yes No				y device (for exa	imple, an	
H17 In your neighborhood, compared to before the coronavirus pandemic started in March 2020, what is the availability now of (Mark (X) one box in each row)						
	More	About the same	Less	Does not apply to my neighborhood	Don't know	
a. community events and gatherings (for example, fairs, markets, live music)?						
b. places to shop?						
c. places to eat and drink?						
d. places to receive healthcare?						
e. places to be physically active?						
f. places to learn (for example, museums, galleries, libraries, classes)?						
g. places to socialize with people around your own age?						
h. places to socialize with people of different ages?						



H18 In your opinion, during the first year of the pandemic from March 2020 to March 2021, did the government in your state and local area do too much or too little of the following steps to slow the spread of the virus?

	Definitely too much	Somewhat too much	About Right	Somewhat too little	Definitely too little
a. Requiring masks?					
b. Closing schools?					
c. Closing places of worship?					
d. Closing restaurants?					
e. Closing bars?					
f. Closing hair salons?					
g. Closing gyms?					
h. Closing movie theaters?					
i. Banning evictions?					
j. Banning utility shut-offs?					

(Mark (X) one box in each row)

H19

During the first year of the pandemic from March 2020 to March 2021, how often would you say that people in your area wore masks that cover their nose and mouth when in public places such as stores? (Mark [X] ONE box.)

Most of the time

More than half the time

Half the time

Less than half the time

Rarely or never



H20	 These next questions are about household pets. Did you have one or more pets in early March 2020? (Mark [X] ONE box.) Yes No, didn't have pets in early March 2020 but have gotten pets since then → Go to Question H25 No, didn't have pets in early March 2020 and haven't gotten pets since
H21	then \longrightarrow Go to Question H27 What kind of pets did you have in early March 2020? (Mark [X] all that apply.)
	 Cat Bird Small furry animal like a ferret, rabbit, hamster, guinea pig Scaly animal like a lizard, gecko, snake Fish
	Other: Specify
H22	Compared to the months prior to March 2020, did you spend more, less, or about the same amount of time with your pet(s) during the first year of the pandemic from March 2020 to March 2021? (Mark [X] ONE box.) More Less About the same
H23	Compared to the months prior to March 2020, did you worry about your pet(s) more, less, or about the same during the first year of the pandemic from March 2020 to March 2021? (Mark [X] ONE box.) More Less About the same



H24	Have you gotten any new pets since March 2020? (Mark [X] ONE box.)			
	☐ Yes☐ No → Go to Question H26			
H25	 What kind of new pet(s) did you get since March 2020 Dog Cat Bird Small furry animal like a ferret, rabbit, hamster, gut Scaly animal like a lizard, gecko, snake Fish Other: Specify 		Ill that appl	у.)
H26	Think back to how you felt in early March 2020 before time, has your pet (or all of your pets if you have more	e than one), h		
	a. reduce your anxiety?			
	b. make you happier?			
	c. make other people in your household happier?			



H27 Even in hard times, sometimes people experience good things and learn new things about themselves. Please think about your own experiences since March 2020. How much do you agree or disagree with the following statements?

Strongly Slightly Slightly Strongly disagree Disagree disagree agree agree Agree a. I tend to recover quickly after difficult times like this one. b. I have learned some positive things from this situation about myself. c. I found greater meaning in work or my other activities and hobbies. d. I now feel more in touch with people in my local community. e. I found new ways to connect socially with other people f. I am now more appreciative of things that I had taken for granted before.

H28 Please use the space below to tell us about how the coronavirus pandemic has affected your life. First, what were the worst things?



H29	And what were the best things?
-	
H30	Were the questions in this questionnaire answered by the person to whom this questionnaire was addressed, or did someone else answer for that person? (Mark [X] ONE box.)
	Yes, the questions were answered by the person to whom the questionnaire was addressed
	The questions were answered by that person's spouse or partner
	The questions were answered by that person's son or daughter
	The questions were answered by someone else: Please say if you are a relative, a friend, a care provider, or what:
H31	Approximately, how long did it take you to complete this questionnaire?
	# of minutes



Н	22	
	22	

Please add any comments that you wish in the space below.

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End of Section H

We thank you for taking your time for this important study!



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